SWALLOW SCHOOL DISTRICT CURRICULUM GUIDE		
Curriculum Area: Guidance	Course Length: Weekly Class Year Long	
Grade: 4K-2nd	Date Last Approved: March 15, 2017; Reviewed Spring 2021	
	Stage 1: Desired Results	

**Course Description and Purpose:** Swallow elementary students have the benefit of staff using cross-curricular collaboration to make meaning for students in their personal development as they approach academic and career planning.

Students have Guidance weekly for 30 minutes for the duration of the school year. The counselor plans with grade level teachers to ensure relevant learning units of study and exploration of academic and career planning. Both areas of focus are rooted in cross-curricular lessons tied to science, math and/or social studies units already taught within each grade level. This also includes an element of learning from and with others across the world and a transformative experience through an annual service-learning project at each grade level. A full outline by grade level for career exploration is linked in the District's Education for Employment Plan.

#### Personal Development

Students are led through a series of scaffolding exercises in personal development to increase their awareness of themselves, develop effective interpersonal skills for the world around them, and understand how they can maintain their overall mental health. Specifically, students will: a) acquire the knowledge, attitudes, and interpersonal skills to understand themselves and appreciate the diverse backgrounds and experiences of others, b) demonstrate effective decision-making, problem-solving, and goal-setting, and c) understand and use safety and wellness skills.

#### Career Exploration

Students begin career exploration to increase their awareness of themselves and the careers that directly affect and assist them in their daily lives. The students will: 1) acquire knowledge relating to careers of community helpers, 2) understand what those community helpers do and what technology they use in their jobs.

#### Academic Preparation

Students' exercises focus on academic preparation and skills and what it means to be a good student. Students practice these skills and discuss the importance of academic skills to learn at developmentally appropriate levels. The students will: 1) acquire the attitudes, knowledge, and skills that contribute to successful learning in school and 2) understand how their academic experiences prepare them to be successful at home and in the community.

#### **Enduring Understandings:**

#### Personal Development:

- a) Develop empathy and skills for learning.
- b) Be able to effectively manage strong emotions.
- c) Learn and apply problem-solving and decision-making skills.

#### Career Exploration:

- a) Understand the jobs of community helpers.
- b) Understand how helpers in the community affect your life.

#### **Essential Questions:**

#### Personal Development:

- 1) What kinds of personal perspectives and social responses provide the best foundation for working with other people?
- Why is it important to accurately identify feelings in ourselves and others, and why people might have different feelings about the same situation?
- 3) Why is it important to understand our strong emotions, such as anger or anxiety, and to manage them?
- 4) What are effective means for managing strong emotions when they occur?
- 5) How can we identify a problem nonjudgmentally and select an appropriate solution?
- 6) What are common conflict situations and what part might we play in them occurring?

Learn and apply community helpers use technology and tools in their job

#### Academic Preparation:

- you in school.
- b) How organization helps someone make and achieve goals.
- c) Know personal learner skill strengths and weaknesses.
- d) Know ways in which to develop lifelong learner skills.

#### Career Exploration:

- 1. What interests and skills do you have that would make you a good employee or community helper?
- a) How good academic/learner skills help 2. Can you identify the major responsibilities of each community helper?
  - 3. What are common tools each community helper uses in their job and what are they used for?

#### Academic Preparation:

- 1. How are academic skills related to future success?
- 2. What can you do to develop a learner skill?
- 3. What are some ways in which academic skills prepare you for life?

# **Learning Targets:**

- 1. Students will develop the skills and knowledge necessary to be successful in learning throughout their academic career.
- Students will develop the knowledge and skills necessary to understand different perspectives.
- 3. Students will demonstrate problem-solving and goal-setting skills.
- Students will develop the skills to gather credible and current career-path information.

# Stage 2: Learning Plan

# **Key Topics:**

**Empathy and Respect** 

Listening with Attention

#### Standards Referenced:

American School Counselor Association Student Standards

# **Learning Targets Addressed:**

Students will develop the knowledge and skills necessary to understand different perspectives.

# **Key Unit Resources**

Second Step

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Туре	Level	Assessment Detail
Practice	Knowledge	<ul> <li>Written or stated responses to social scenarios.</li> <li>Ongoing staff feedback about students' long-term and situational use of learned social skills.</li> </ul>
Formative	Skills/ Reasoning	<ul> <li>Role-play in response to social situations.</li> <li>Peer review about effectiveness of responses.</li> <li>Teachers will use ongoing observational judgments about students' understanding of self and job characteristics assessments, and proficiency with preparing for needed skill development.</li> </ul>

# **II.** Understanding Different Perspectives

Respecting Similarities and Differences

#### Standards Referenced:

American School Counselor Association Student Standards

#### Learning Targets Addressed:

Students will develop the knowledge and skills necessary to understand different perspectives.

# **Key Unit Resources**

Second Step

**Assessment Map:** 

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# **III.** Understanding Complex Feelings

Being Assertive

#### Standards Referenced:

American School Counselor Association Student Standards

# Learning Targets Addressed:

Students will develop the knowledge and skills necessary to understand different perspectives.

# **Key Unit Resources**

Second Step

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V. Conversations and Compliments	Standards R American Sch		ssociation Student Standards
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	Key Unit R	esources	
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	Assessment	Мар:	
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<ul><li>Managing Strong Feelings</li><li>Calming Down Anger</li><li>Managing Anxiety</li></ul>	Learning Tar	nool Counselor A  gets Addressed develop the know	ssociation Student Standards  I: wledge and skills necessary to understand
	Key Unit R		
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	Assessment	Map:	
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# VI. Avoid Jumping to Conclusions

Handling Put-Downs
Solving Problems

# Standards Referenced:

American School Counselor Association Student Standards

# Learning Targets Addressed:

Students will develop the knowledge and skills necessary to understand different perspectives.

# **Key Unit Resources**

Second Step

**Assessment Map:** 

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# VII. Making a Plan

Being Responsible for Your Own Actions

#### Standards Referenced:

American School Counselor Association Student Standards

# Learning Targets Addressed:

Students will develop the knowledge and skills necessary to understand different perspectives.

# **Key Unit Resources**

Second Step

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# Career Exploration (Throughout the school year at various times)

#### I. Personal qualities

- Learning styles
- Academic Skills
- Work skills

#### Standards Referenced:

American School Counselor Association Student Standards

#### Learning Targets Addressed:

Students will develop the skills and knowledge necessary to be successful in learning throughout their academic career.

Students will demonstrate problem-solving and goal-setting skills.

Students will develop the skills to gather credible and current career-path information.

#### **Key Unit Resources**

- Second Step
- Xello
- Wisconsin Career Clusters

Туре	Level	Assessment Detail
Practice	Knowledge	Written or stated responses to prompts.
Formative	Skills/ Reasoning	<ul> <li>Analyze the benefits and of various personality traits in community helper job positions.</li> <li>Match identified personality traits to various job or position requirements.</li> </ul>

		<ul> <li>Match various educational subjects (i.e. math, reading, writing, speaking) to various job or position requirements.</li> <li>Teachers will use ongoing observational judgments about students' understanding of self and job characteristics assessments, and proficiency with preparing for needed skill development.</li> </ul>
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#### II. Academic Skills

- Employability skills
- Problem-solving

#### Standards Referenced:

American School Counselor Association Student Standards

# Learning Targets Addressed:

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#### III. Job Requirements

- Personal growth
- Personal health

# Standards Referenced:

American School Counselor Association Student Standards

#### Learning Targets Addressed:

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Students will demonstrate problem-solving and goal-setting skills.

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# IV. Goal-Setting

- Establishing goals
- Making a plan

#### Standards Referenced:

American School Counselor Association Student Standards

#### Learning Targets Addressed:

Students will develop the skills and knowledge necessary to be successful in learning throughout their academic career.

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Second Step

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# Academic Preparation

(Throughout the school year at various times)

# I. Organization

#### Standards Referenced:

American School Counselor Association Student Standards

# Learning Targets Addressed:

Students will develop the skills and knowledge necessary to be successful in learning Personal organization style throughout their academic career.

Students will demonstrate problem-solving and goal-setting skills.

Students will develop the skills to gather credible and current career-path information.

# **Key Unit Resources**

- Second Step
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- Wisconsin Career Clusters

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	Teacher observations of student application of various lifelong learner skills.	
II. Prioritizing	Standards Referenced:	
Evaluating importance	American School Counselor Association Student Standards	
	Learning Targets Addressed: Students will develop the skills and knowledge necessary to be successful in learning	

throughout their academic career.

Students will demonstrate problem-solving and goal-setting skills.

Students will develop the skills to gather credible and current career-path information.

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# III. Work Quality

Meeting expectations

#### Standards Referenced:

American School Counselor Association Student Standards

#### Learning Targets Addressed:

Students will develop the skills and knowledge necessary to be successful in learning throughout their academic career.

Students will demonstrate problem-solving and goal-setting skills.

Students will develop the skills to gather credible and current career-path information.

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# IV. Time Management

Project planning

#### Standards Referenced:

American School Counselor Association Student Standards

#### Learning Targets Addressed:

Students will develop the skills and knowledge necessary to be successful in learning throughout their academic career.

Students will demonstrate problem-solving and goal-setting skills.

Students will develop the skills to gather credible and current career-path information.

# **Key Unit Resources**

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# V. Cooperation

 Working as a group member

#### Standards Referenced:

American School Counselor Association Student Standards

#### Learning Targets Addressed:

Students will develop the skills and knowledge necessary to be successful in learning throughout their academic career.

Students will demonstrate problem-solving and goal-setting skills.

Students will develop the skills to gather credible and current career-path information.

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- Second StepXello
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